



## Table Tennis Ireland's (TTI) Statement supporting Drug Free Sport

Table Tennis Ireland has adopted the Sport Ireland Anti-Doping Rules which are compliant with the World Anti-Doping Code. The policy of TTI is that doping is contrary to the spirit of sport and all players have a responsibility to ensure that tennis is free of doping.

**TTI's** policy is that doping is contrary to the spirit of sport and every member has a duty to ensure that the sport is free of doping.

Membership of **TTI** means that all athletes may be selected for testing. Your membership of **TTI** commits you to agreeing to test and in the case of a minor (U/18) the prior written consent of the parent or guardian is required via the initial membership process at Club level, or at selection for competition or through competition entry forms.

All club personnel have a responsibility to ensure that club members are aware of the Irish Anti-Doping Rules and that there is an atmosphere supporting a drug free sport within the club. Anti-Doping Rules are available at [Anti-Doping Rules | Sport Ireland](#)

Once you join **TTI** and enter a competition you are accepting the fact that you could be drug tested.

The following sections highlight key areas with regard to Anti-Doping. **TTI** advises all members to read and understand the anti-doping rules and to understand your responsibilities under the rules. The consequences of not adhering to Anti-Doping rules can be severe for athletes and their support personnel such as coaches and parents, therefore it is critical that any questions/concerns be clarified with either TTI or the Irish Sports Council.

## Rules

### Irish Anti-Doping Rules

Table Tennis Ireland has adopted the Sport Ireland Anti-Doping Rules which are compliant with the World Anti-Doping Code.

Full details on the Irish Anti-Doping Programme are available at [Anti-Doping Rules | Sport Ireland](#)

## International Federation Rules

TTI must also adhere to the rules of our International Federation; **ITTF**.

Full details on the International Federation Anti-Doping Programme are available at: [Anti-Doping - International Table Tennis Federation \(itf.com\)](#)

### (1) WADA Prohibited List – Checking Medications & TUE Policy

The World Anti-Doping Agency issues a Prohibited List annually. The most up to date Prohibited list can be found here : [Prohibited List 2024 | Sport Ireland](#)

It is important that players, parents, coaches and doctors are up to date with the updated prohibited list linked above.

Please ensure that as an athlete you check all over the counter and prescription medication. All medications purchased in **Republic of Ireland** must be checked using the new Sport Ireland website: [Medcheck Sport Ireland](#)

Medications purchased in **Northern Ireland**, or the **United Kingdom** can be checked on [Global DRO - Home](#)

For information on managing the risk of using supplements or herbal remedies, please see here: [Supplements and Herbal Remedies | Sport Ireland](#)

If you are unable to find a medication on the relevant databases, please **do not take the medication** and contact Sport Ireland on [antidoping@sportireland.ie](mailto:antidoping@sportireland.ie)

### (2) Sample Collection Procedures

For information on the Sample Collection Procedures that are adhered to when athletes are tested, the following resources are available:

- Check out [What happens in a drug test? | Sport Ireland](#)
- Check out Sport Irelands Anti doping eLearning section [Anti-Doping E-Learning | Sport Ireland](#)

### (3) Registered Testing Pool

Athletes are informed directly by Sport Ireland when they are included on the Registered Testing Pool. Athletes on the RTP can be tested anywhere, anytime with no advance notice. Athletes must comply with the RTP requirements such as TUE and Whereabouts requirements. See [Registered Testing Pool | Sport Ireland](#) for further information.

## Further Information

Check out [Sport Ireland Anti-Doping | Sport Ireland](#) for further information on these topics.

## Who to ask for further information?

For any queries regarding anti-doping in **TTI** please contact the Anti-Doping Officer for **TTI**:

Name: Erin McBride

Tel: 00353 896134513

Email: [info@tabletennisireland.ie](mailto:info@tabletennisireland.ie)

The **Sport Ireland Anti-Doping Unit** can be contacted at:

Email: [antidoping@sportIreland.ie](mailto:antidoping@sportIreland.ie)

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