****

**Racquet Sport Coaches Leadership Programme**

**Overview:**

Badminton Ireland, Table Tennis Ireland, Tennis Ireland and Irish Squash are collaborating to create a network of like-minded women in a 'Racquet Sports Coaches Leadership Programme' who are all striving to be the best they can be as coaches and learn and collaborate with our four sports to create a community. The Programme will be a five-week programme, with four online informative sessions on chosen topics, consisting of one hour each, along with a face-to-face meeting for the final week. The cost to take part in this programme is €40 per participant.

**Topics:**

1. Psychology/ Mental Strength in Coaching
2. Communication techniques/ Conflict Management
3. Leadership
4. Performance Analysis

**Criteria to Apply:**

* Applicants must be females who are currently over the age of sixteen.
* Applicants must have completed the foundation level of their coaching qualification in their chosen racquet sport (Tennis Ireland - Play & Stay Assistant; Table Tennis – Teacher’s Award/Foundation Course; Badminton Ireland – Shuttle Time; Irish Squash – Leaders Course), or higher. Proof of qualification must be attached on application, by either a copy of the certificate or the certificate number and date of completion.
* Applicants must be able to shadow a qualified coach in their club.
* Applicants must be able to attend all five sessions (Provisional Dates – 11th, 18th, 25th October, 1st & 13th November)
* Applicants who are under eighteen must obtain signed parental/ guardian consent on their application form.

\*\* Please note, dates subject to change